



Department of Veterans Affairs, Employee Education System

and

The National Center for Post-Traumatic Stress Disorder (NC-PTSD)

Present

PTSD 101: Understanding Military Culture When Treating PTSD

11.TE.ST.MH.PTSD101MC.A

Program Start: May 1, 2011

Program End: September 30, 2014

Place

Your computer workstation

Purpose Statement

This web based course is part of the PTSD 101 education series which are presented by experts in their field to increase provider knowledge related to the assessment and treatment issues of PTSD. Each course specifically addresses trauma events, treatments, or special population issues, not normally addressed in general therapy protocols. This course is specifically designed to familiarize clinicians with military culture, terminology, demographics, and stressors. It also provides an overview of programs offered by the DoD for managing combat or operational stress, as well as implications for assessment and treatment.

Target Audience

Mental health leaders/clinicians, OEF/OIF coordinators and clinical managers, psychologists, social workers, and nurses.

Outcome/Objectives

At the conclusion of this educational program, learners will be able to:

1. describe military terms and demographics;
2. discuss stressors in the military;
3. report programs offered by DoD relevant to combat and operational stress;
4. describe implications of military culture for clinicians.



Registration / Participation in the Activity Procedure

1. Length of course: 1.0 hours
2. Review EES Program Brochure
3. Attend and participate in 100% of program activity
4. Complete Post Test Exam at a minimum passing score of 80%
5. Complete Program Evaluation
6. Print Certificate of Completion

Instructions for Completing Registration in TMS

Registration: There is no need to register in advance for this program.

Participants must access the course via the National Center for Post-Traumatic Stress Disorder website at: <http://www.ptsd.va.gov/professional/ptsd101/course-modules/couples-and-ptsd.asp>

After completing this course, participants should:

- Log into TMS <https://www.tms.va.gov/learning/user/login.jsp>
- Enter “PTSD 101” into the SEARCH CATALOG box and click GO
- Select the course title: PTSD 101: Couples and PTSD
- Click on the link titled ***Final Exam and Evaluation***
- Complete the post-test and evaluation

The TMS site provides the post-test, evaluation and certificate. A certificate of completion cannot be printed until the post-test and evaluation are completed. A link to print a certificate can be accessed at the end of the course evaluation.

A score of **80 percent** on the post-test is required before a certificate can be printed. The course and test take approximately 1 hour to complete. Post-test scores are available immediately after the post-test is completed. There is no limit on the number of times a participant may take the post-test to receive a passing score.

To access your Accredited certificate in TMS, please follow the steps below:

1. From the Home screen in TMS, click on “Completed Work.”
2. Hover the mouse over the title of the program, and click “View Details” in the popup window that appears.
3. In the Completed Work Details screen, you should see a section named “Accreditation Details” containing offered accreditation.
4. Click the “Print Accredited Certificate” button next to your requested Accreditation.
5. Your Accredited certificate should appear on the screen for you to save or print.



Accreditation/Approval

The accreditation organizations for this course are listed below.

American Psychological Association (APA)

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Note: ANCC continuing nursing education contact hours are not accepted by the California Board of Registered Nursing (CA BRN) toward license renewal for CA-licensed registered nurses (RNs) and advanced practice nurses (APNs), unless the CA-licensed nurse-participants are physically outside of the state of CA when they start and complete activities sponsored by an ANCC accredited provider of continuing education for nurses.

Continuing Education Credit

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is sponsoring this activity for 1.0 hours of continuing education credit. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for 1.0 contact hours in continuing nursing education.

Note: ANCC continuing nursing education contact hours are not accepted by the California Board of Registered Nursing (CA BRN) toward license renewal for CA-licensed registered nurses (RNs) and advanced practice nurses (APNs), unless the CA-licensed nurse-participants are physically outside of the state of CA when they start and complete activities sponsored by an ANCC accredited provider of continuing education for nurses.



Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. <http://www.aswb.org> ASWB Approval Period: 4/7/13 - 4/7/16. Social workers should contact their regulatory board to determine course approval.

Social workers will receive 1.0 continuing education clock hours in participating in this course.

The California Board of Behavioral Sciences (CA BBS)

The VA Employee Education System (Provider #PCE3204) asserts that this educational activity meets the qualifications for 1.0 hours of continuing education credit for Marriage and Family Therapist MFTs and / or for LCSWs as required by the California Board of Behavioral Sciences.

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate of completion from EES, you must register in the TMS, attend 100% of the program and complete the evaluation as directed in SEES. After submission of your evaluation in SEES you will be able to print certificate of completion in the TMS. For ACPE accreditation, participants must provide their Birthdates (month and date) and their NABP e-Profile ID numbers in their Personal Profiles in TMS.

Report of Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Schedule

Program Schedule Date: 5/1/2011

Content	Faculty
<ul style="list-style-type: none">• Introduction• Military Terms and Demographics• Stressors in Military• Program Offered by DoD for Dealing with Combat and Operational Stress• Implications fo VA Clinicians• Conclusion• Resource Review• Post Test	Patricia Watson



Faculty and Planning Committee Listing

* Denote planning committee member

*Nancy Bernardy, PhD Program Director, VHA PTS Mentoring Program National Center for PTSD White River Junction, VT	*Matthew Friedman, MD Executive Director National Center for PTSD, Executive Division White River Junction, VT
*Deborah Grizzard, RN Chief Nurse, Mental Health Palo Alto VA Health Care System Palo Alto, CA Planning Member for ANCC	*Jessica Hamblen, PhD Deputy for Education National Center for PTSD White River Junction VA Medical Center White River Junction, VT
*James Leathem, MSW, LCSW-R Social Work Section Chief – Mental Health Northport VA Medical Center Northport, NY Planning Member for ASWB Planning Member for CABBS	*Mary Ann Shea RN, BS, JD Project Manager Employee Education Resource Center St. Louis, MO
*Pamela Swales, PhD Psychologist National Center for PTSD Educational and Clinical Laboratory Division Palo Alto VA Health Care System Menlo Park, CA Planning Member for APA	+Patricia Watson, PhD Assistant Director of Psychiatry Senior Educational Specialist National Center for PTSD Dartmouth University Hanover, NH

EES Program Staff for Trace Code: 11.TE.ST.MH.PTSD101MC.A

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Defining
EXCELLENCE
in the 21st Century



Casey Grysen
Project Support Assistant
St. Louis Employee Education Resource Center
St. Louis, MO

Deadline Date

This program will no longer be authorized for continuing education credit after: **9/30/2014**.
Information on participation may be obtained from Mary Ann Shea, Project Manager, Employee Education Resource Center, #1 Jefferson Barracks Road St. Louis, MO 63125 , phone: 314-894-6648, or e-mail: maryann.shea@va.gov.

Cancellation Policy

Those individuals who have been accepted to attend and need to cancel: log into TMS, hover over the registered title and withdraw themselves at least two weeks prior to the program.

Accessibility Statement: (Reasonable Accommodation)

The U.S. Department of Veterans Affairs (Employee Education System) is committed to providing equal access to this meeting (or event) for all participants. If you need alternative formats or services because of a disability, please contact Mary Ann Shea, Project Manager, Employee Education Resource Center, #1 Jefferson Barracks Road St. Louis, MO 63125 , phone: 314-894-6648, or e-mail: maryann.shea@va.gov with your request.



Disclosure Statement

The VA Employee Education System (EES) must ensure balance, independence, objectivity, and scientific rigor in all of its individually sponsored or jointly EES sponsored educational activities. All prospective faculty and planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and / or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes, but is not limited to, such things as personal receipt of grants or research support, employee or consultant status, stockholder, member of speakers' bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

The faculty and planning committee members reported that they had no relevant financial relationships with commercial entities in any amount that occurred within the past 12 months that create a conflict of interest.

This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

* The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months that creates a conflict of interest.